

Covid-19 Safe Working Policy

Aims of our Judo Education Covid-19 policy.

Judo Education have revamped our lesson plans and safe working policies to co-inside with the new government guidelines on delivering safe education, and childcare during these unprecedented times.

Our aims and objectives are to deliver safe covid secure sessions in all three Olympic sports, Judo, Fencing and Archery. These sessions will be fun, educational and delivered to the high standards which you expect from Judo Education.

In this document you will find throughout that the safety of the children and staff is paramount.

We will achieve this by:

- 1. Contact between under 18's only.**
- 2. Coaches to keep 2 metres from staff and children**
- 3. Strict signs and symptoms of covid-19 policy for staff, coaches and children.**
- 4. High standard of the sanitising of any equipment used.**
- 5. Strict hand washing policy.**
- 6. PPE for coaches where appropriate.**
- 7. Twice weekly lateral flow tests for all coaches**
- 8. Fun, Educational, Disciplined, Professional and SAFE sessions.**

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Summary

- **JE coaches to take lateral flow tests twice a week and submit results to head Office. Must also follow good hygiene practices and hand washing.**
- **If anyone becomes unwell during the sessions, they should remain 2 metres away from all participants and coach should follow Part 2 of JE covid-19 policy**
- **Social distancing, all children will remain 2 metres apart during the sessions at breaks and whilst the coach giving instructions .**
- **Any equipment used must be sanitised after each session.**
- **Every participant must wash their hand for 20 seconds before and after every session. Young children must be supervised by a staff member.**
- **Where possible sessions must take place outdoors.**

JUDO EDUCATION COVID-19 POLICY

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PART 1

- Coaches and children should not attend JE classes and stay home if they are unwell with current covid-19 symptoms to avoid infection to others in accordance with government guidelines.
- If staff or children become unwell during the session with current covid-19 symptoms, they must leave the session and follow the school's covid-19 policy and that of the government.
- Clean and disinfect equipment used in the session. Mats (Judo) cones (Fencing) Cones bows and arrows (archery). This should be done after every session using standard cleaning products.
- Coaches will ask staff to supervise all children taking part in the session to ensure they wash their hands for 20 seconds with soap and water, before and after the session. This should be repeated if a child coughs or sneezes into tissue during the session.

This policy is valid as of April 5th 2020 and will be reviewed in line with government guidance.

The policy and guidance will change for JE sessions as the covid-19 alert level changes.

Part 2

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What action to take if a child becomes unwell and develops symptoms during a JE session.

If anyone becomes unwell with a new, continuous cough or a high temperature in an education setting they must be sent home and advised to follow the staying at home guidance used by the government.

To ensure this is done safely the coach will seek assistance from a member of staff in the school.

If there is no member of staff in the room the children will be asked to sit on their Judo mat or coned area. The child showing symptoms will be asked to remain in their area or Judo mat as this will be set out 2 metres apart from other participants. They should then ask **one** child to call for a member of staff. The coach is then to ask that staff member to remove the child from the session and follow school's covid-19 policy.

In an emergency, the coach should call 999 if anyone is seriously ill or injured or their life is at risk.

If the coach helped a child who was taken unwell with a new continuous cough or a high temperature, they do not need to go home unless they develop symptoms themselves. The coach should wash their hands thoroughly for 20 seconds after any contact with someone who is unwell. The mat which the child was using for the session should be cleaned with normal household disinfectant to reduce the risk of passing the infection onto other children.

Covid-19 Incident Report Form.



JUDO EDUCATION

Judo Education
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01744 731747

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Date: _____ Time: _____

School: _____

Coach in Charge _____

Nature of incident _____

Did the child display Symptoms of covid-19 outlined by the government?

YES/NO

Action Taken _____

Child's Name _____

Age _____ Class _____

Did the child go home YES/NO. Did the child require an ambulance YES/NO

Was first aid given YES/NO. If Yes was PPE worn by the first aider YES/NO

Signed _____ Print _____

Witness

Signed _____ Print _____

PART 6

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DISCLAIMER

EVERY EFFORT HAS BEEN MADE BY JUDO EDUCATION TO PROVIDE HIGH QUALITY COACHING IN ALL ACTIVITIES WE OFFER.

Every judo education coach will be fully qualified, DBS cleared First aid trained and safeguarding qualified. Every coach is fully insured with the national governing body for the sport they coach and Sports coach UK.

WHIST EVERY EFFORT HAS BEEN MADE TO FOLLOW GOVERNMENT GUIDELINES JUDO EDUCATION CANNOT ACCEPT RESPONSIBILITY FOR CHILDREN/STAFF/COACHES BECOMING UNWELL FOLLOWING ONE OF OUR SESSIONS.

SIGNATURE