

Covid-19 Safe Working Policy

JUDO EDUCATION COVID-19 POLICY

PART 1

- Coaches and children should not attend JE classes and stay home if they are unwell with a new, continuous cough or a high temperature to avoid spreading infection to others in accordance with government guidelines.
- If staff or children become unwell during the session with a new continuous cough or high temperature, they must leave the session and follow the school's covid-19 policy and that of the government.
- Clean and disinfect equipment used in the session. This should be done after every session using standard cleaning products.
- Coaches will ask staff to supervise all children taking part in the session to ensure they wash their hands for 20 seconds with soap and water, prior to the session This should be repeated if a child coughs or sneezes into tissue during the session.

This policy is valid as of May 11th, 2020 and will be reviewed in line with government guidance.

The policy and guidance will change for JE sessions as the covid-19 alert level changes.

Symptoms

The most common symptoms of coronavirus (COVID-19) are a new, continuous cough or a high temperature (over 37.8 degrees).

For most people, coronavirus (COVID-19) will be a mild infection.

Children are likely to become infected with coronavirus (COVID-19) at roughly the same rate as adults, but the infection is usually mild.

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Part 2

What action to take if a child becomes unwell and develops symptoms during a JE session.

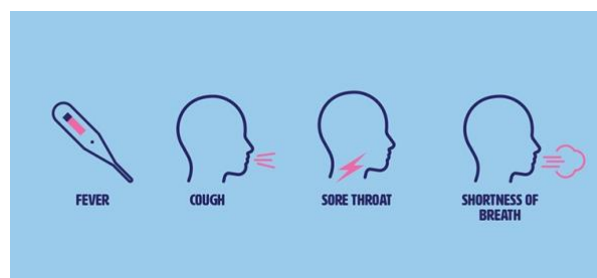
If anyone becomes unwell with a new, continuous cough or a high temperature in an education setting they must be sent home and advised to follow the staying at home guidance used by the government.

To ensure this is done safely the coach will seek assistance from a member of staff in the school.

If there is no member of staff in the room the children will be asked to sit on their Judo mat or coned area. The child showing symptoms will be asked to remain in their area or Judo mat as this will be set out 2 metres apart from other participants. They should then use their mobile phone to call for a member of staff. The coach is then to ask the staff member to remove the child from the session and follow school's covid-19 policy.

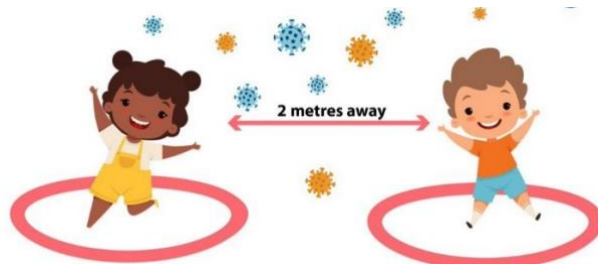
In an emergency, the coach should call 999 if anyone is seriously ill or injured or their life is at risk.

If the coach helped a child who was taken unwell with a new continuous cough or a high temperature, they do not need to go home unless they develop symptoms themselves. The coach should wash their hands thoroughly for 20 seconds after any contact with someone who is unwell. The mat which the child was using for the session should be cleaned with normal household disinfectant to reduce the risk of passing the infection onto other children.



Part 3

Limiting the Spread of Covid-19 in a JE Class



Social Distancing

Each child will be given their own Judo mat or cone if the session is Fencing, Archery, or PSA. The coach will set out the mats/cones 2 metres apart. This will assist the children in maintaining social distancing throughout the session.



Sanitising Equipment

All the equipment used in our sessions will be sanitised after EVERY session. This is to minimize any risk of transmission if the virus is present.



Hand Washing

Before and after all our sessions children and staff will be asked to wash their hands for 20 seconds using soap and water. Staff will be asked to supervise younger children.

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Part 4

Group sizes and Venues

Judo education understand children may find it difficult to remain 2 metres apart from each other and their coach. By giving each child their own Judo mat, or coned area which they must remain on to take part in the sessions the coach can assist the children in maintaining this distance.

To reduce contact, sessions can only be carried out with a group of children from the same class. This group must be working together throughout their school day and not mix with any other year group.

The maximum number of children in the class must not exceed **15** pupils.

This will be re-visited when the government's guidance changes in line with the scale of alert.

Where possible and the weather permits sessions should take place outside.

If the session takes place inside a hall the number of children on the session may need to be reduced further to allow the mats or cones to be set out 2 metres apart.

Windows and doors must be propped open where it is safe and appropriate to do so.

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Part 5

Self-declaration & Safe practicing for JE Coaches.

On arrival to each school all JE coaches must complete Judo Education Self declaration form (001.)

To ensure the coach is safe to enter the school they must take their temperature upon arrival. If this reading is 37.8 degrees or above the coach cannot enter the school and the class must be cancelled.

JE coach must also declare they do not have a new persistent cough and declare that nobody in their household is showing signs and symptoms of covid-19 as outlined in part 1 of this policy.

JE coaches must shower before and after every working day. JE coaches must also wear clean uniform every working day.

Once form 001 has been completed a copy must be left with the school.

After completion of form 001, the JE coach must wash their hands for 20 seconds with soap and water.

The coach should ask each individual school if they are required to wear PPE. (gloves and face mask). Upon request the coach must wear PPE supplied by JE head office.

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Self-Declaration form 001

In accordance with Judo Education Covid-19 policy this form must be completed on arrival to EVERY school.

Date _____ Time _____

Coaches Full Name _____

School _____

Body Temperature Reading _____

Witnessed by Full Name _____ Job Tittle _____

I declare at the time and date stated on this form I am fit and well. I have not shown any of the signs or symptoms of covid-19 outlined by government guidance.

I declare that my temperature is within normal range and I have not developed a new persistent cough.

I declare nobody in my household has displayed signs or symptoms of covid-19 at the time and date state don this form.

Signed _____ Full name _____

School requires coach to wear PPE (please circle)

Gloves YES/NO

Mask YES/NO

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Summary

- **JE coaches to self-declare they have no symptoms of covid-19. They must always take their temperature on arrival at each school and follow good hygiene practices and hand washing.**
- **If anyone becomes unwell during the sessions, they should remain 2 metres away from all participants and coach should follow Part 2 of JE covid-19 policy**
- **Social distancing, all children will remain 2 metres apart from all other participants on the class. Their safe are will be marked out with either a cone or a Judo mat.**
- **Any equipment used in the session will NOT be shared and must be for that individual only, it will also be sanitised after every session.**
- **Every participant must wash their hand for 20 seconds before and after every session. Young children must be supervised by a staff member.**
- **Maximum class size must not exceed 15 pupils. These pupils must be working together for the whole school day and not mix with any other group.**
- **Where possible sessions must take place outdoors.**

AIMS

1. **JE will deliver high quality sessions which are both Fun and Safe.**
2. **JE will endeavour to keep all children and staff safe.**
3. **Endeavour to keep JE staff safe at all times.**



JUDO EDUCATION

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Covid-19 Incident Report Form.

Date: _____ Time: _____

School: _____

Coach in Charge _____

Nature of incident _____

Did the child display Symptoms of covid-19 outlined by the government?

YES/NO

Action Taken _____

Child's Name _____

Age _____ Class _____

Did the child go home YES/NO. Did the child require an ambulance YES/NO

Was first aid given YES/NO. If Yes was PPE worn by the first aider YES/NO

Signed _____ Print _____

Witness

Signed _____ Print _____